/15 cont./

462 morocco-leather (tsush) so popular with foreigners; this tsush
[281] serves in Abkhazia for bedding in summer. The men make
[513] beautiful spoons out of wood and animal horns. Many hunters
[912] kill seven or eight bears a year, but do not sell the skins. In
437 general buying and selling in Abkhazia are done by barter;
money is not used in these cases.

433 The main sources of food of the Abkhaz are agriculture,
[031] cattle-breeding, and to a certain extent, apiculture. In the
[541] foothills the Abkhaz often possess as many as 200 and more
beehives. Nowadays they sow maize and occasionally wheat.
A few years ago, gomi (ghomi) /millet/ was considered the main
and most widespread cereal, but now maize has completely
supplanted it. Besides this, tobacco, cotton, flax, hemp, and
vegetables are sown, but in limited quantity and only for home use.

233 Cattle constitute the main wealth of the Abkhaz; in
[556] their opinion this is the main support of the life of man; it is
what feeds him, makes him grow, and preserves him. The
Abkhaz cannot conceive of life without cattle; one can somehow
manage to get along without bread, but not without cattle.
This conception is especially true of the herdsmen, of whom it
[262] may be said /16/ that they live almost exclusively on meat and
milk. To feed his herd, not infrequently consisting of no more
than two or three head of cattle, the Abkhaz, when grass gave
out in one place, would move to another place where grass was
easier to find, taking along his phatskha (hut of wattles). So it
[178] was until the last war; after that the main attention of the
[243] Abkhaz was concentrated on the sowing of maize, the export
of which is growing day by day.

342 The structure of the Abkhaz house, the phatskha, is simple.
In appearance it is round or rectangular. The walls of the
phatskha slope upwards and are woven together with thin nut-
twigs; on top of these rests a cone-shaped roof; the top of the
cone is tied together with willow-branches or twigs; the branches
are supported by little poles (dardzagini /see foreign text/). This
[824] simple structure is covered with ferns, reeds, or spear-grass
(Agrostis vulgaris).

/42 cont./

[755] [782] [789] candles, she lets it float down the stream, saying, "Amuse yourself with this one, instead of the sick person." Finally the old praying-woman passes her hand over the sick person's back, raises him, and having given him liberty ("azati") from his ailment, she sends him home, instructing him not to look around on his way back. The food brought to the stream is eaten on the spot by the participants in the ceremony; the remains from the table are thrown into the water and the dishes washed clean.

This prayer-ritual is considered the most sacred of all in Abkhazia, and the name of the rainbow, Atsaqva, is pronounced with great reverence. The Abkhaz claims that as [821] a consequence of this ceremony in the rainbow's honor the rain appears.

4.

/43/

[782] The Prayer-Ceremony in Honor of the Wind (Phsharnha)

A large loaf of bread with cheese is prepared, placed in a basket, and carried some distance from the house. Here [776] [821] [777] a prayer is said to "Lady Wind" (a deity of female sex), in which she is asked to bring good and to carry off evil and to deliver them from all sorts of misfortunes, etc. Then the middle part of the loaf is cut out, carried into the forest, and hung on an oak tree near the top. The next day, the one who first comes near the oak tree feasts on this offering.

5.

A Prayer in Honor of a Tree

[782] [804] On Assumption Day, vitushki are baked according to the number of men in the family; then the master of the house, with his household, approaches any kind of young tree and, putting his foot on it, prays, "Tree, give me your blessing and happiness ... that I may safely come down

/43 cont./

782 824 from the treetop. May the fresh twig, when I step on it with my foot, first grow stronger and then, being strengthened, grow fresh (soft), etc."

6.

782 755 A Prayer in Honor of Adnqa or (the same thing) "the Outer Ones"

[775] [753] The souls of the dead, the "outer ones," are often the cause of sickness in man and his cattle. They often become angry, and the outward signs of such anger are frequent yawning, sleepiness, and general exhaustion visited upon the culprit. If the one afflicted does not satisfy the angered "outer ones" with offerings and prayers, an inevitable death awaits him. On one of the Saturdays a meal is prepared of young rams' meat, chicken, sour milk, and the meat of a cow, if the soul of a woman is angered, and all these provisions are laid out on a tablecloth under the eaves, on both sides of which are placed a dress and valuable /44/ objects.

The sick man or woman is placed in the middle of a circle and either a man or a woman, according to the sex of the sick person, prays and begs the living and the dead (Angi-phsngis) to have mercy upon the sick and to grant him health and to accept the food prepared for them. The person pronouncing the prayer for the sick one then passes his hand over the back of the sick person and gives him freedom from his sickness ("azati"). If the ailment is thought to be caused by the soul of a prince or of some other personage of [825] high rank, a tethered horse is untied and released in a field at the concluding words of the prayer: "This (horse) is for your soul." According to Abkhaz belief, such a horse soon swells up and dies.

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Àyt'ar!" etc. The dough is kneaded from the same leaven, only when calling to the cows they exclaim *wootsw*. Shrove Saturday is dedicated to *zhwabrən*.

3. *Anəkha-nəḥwa* (*Dopu-nəkha*)

Near Adzvibzha is a little village called Dopukət, where dwell the Dopua-s who are attendants (Geo. *me-khat-ur-i*) of the "icon"—*Dopu-nəkha*, revered by all the Adzvibzhaans and Dopukətans. This "icon" is known also as *shwəjən-nəkha*, i.e. Sujuna icon, under which is meant, no doubt, St. George of Sujuna in Megrelia. This "icon" is called *zhwarək'yə* by the wives of the Dpua-s, for the reason that the wives of Abkhasians have no right to call by name the eldest members of their husband's *gvari*, or his relations. D. I. Gulia thinks that the word *zhwarak'yə* is the same as the Georgian *zvaraki*, meaning sacrificial animal (the ancient Georgian *zuaraki* = *zowaraki*, Armenian *zowarak*).[1] In honour of this "icon" every Adzvibzhaan and Dopukətan family bakes, on the Shrove Sunday, a cake from millet flour (*sorghum*, in Geo. *ghomi*), which is offered as a gift to it. Prayers are said by the head of each family, and a handful of salt and a piece of wax candle are put aside for the "icon". The eldest of the Dopua goes round the houses and collects the salt and wax.

Mamsər Dopua told us: "At the present time our icon is in the village Sujuna."

4. *Àyt'ar-nəḥwa* (*khwazhwə-kərə*, in the Bzyb dialect *khwazhw-kərə*)

On the first Monday[2] of the Great Fast the ritual of supplication to Àyt'ar himself is observed. This supplication is otherwise called *khwazhwə-kərə* (in the Bzyb dialect *khwazhw-kərə*). *À-khwazhwə* (Bzyb. *ə-khwazhw*) is a special cake, sometimes coniform, and sometimes of round flattened shape. These cakes, which may be stuffed with cheese or not, but on this occasion are lenten, are invariably included in sacrificial offerings of the Abkhasians. They may be boiled, as on this occasion, or baked. *A-kərə* denotes "to hold". After it is called, in Abkhasian, the month of February, *khwazhwəkən-mzə* (*a-mza*, month, moon). *À-khwazhwə* (Bzyb. *ə-khwazhw*) denotes also rhododendron, the leaves of which are indispensable in the making of sacrificial maize-cakes.

[1] As a calt term this word is met with in the form [illegible] in Sabaean (Chwolsohn, *Die Ssabier*, ii, 24, 37, cf. p. 191, n. 179), see N. Marr, *The Baptism of the Armenians, Georgians, Abkhasians and Alans*, etc. (in Russian), in *Zapiski* (Bulletin) of the Eastern Branch of the Imperial Russian Archæological Society, St. Pb., 1908, vol. xvi, p. 203. (Ed. *Christ. Vost.*)

[2] The Megrelians call this Monday *t'ut'askhi beduieri*, lucky, or happy Monday, lit. the moon-day. With the Abkhasians, too, *Ayt'ar's* day is Monday; they pray to the moon exclusively on Mondays.

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8. *Thursday of Easter Week*

(*dsatchɔ̀khur, mardyàni t'argyalàz*)

796 On the Thursday of Easter week the Abkhasians offer a sacrifice [796] to *dsatchɔ̀khur, mardyàni t'argyalàz*. I do not know what the first word denotes. *Mardyàni* is the Megrelian *mardiani* (Geo. *madliani*) and denotes "beneficent", "blessed", "abundant"; while *t'argyalàz* is derived from the Georgian word *mt'avar-angelozi*, archangel; it is not clear, however, which of the archangels is meant. According to the explanation of the Commission, this "icon" punishes the offending family by causing the death, in particular, of children. "If there are children in the family, it does not touch the adults," commented the Commission. Sacrifice to this "icon" is always offered by an oak tree. On the Thursday, early in the morning, sacrificial cakes are baked, and the whole family repair to their oak, which is usually situated nearby within the enclosure. Everybody kneels, [782] facing eastward, and the head of the family makes a bloodless offering consisting of *akwakwàr* and cakes, and entreats the great Dsatchkhur, the beneficent T'argialaz, to forgive them their trespasses, voluntary or involuntary. *Àdmen* say the whole family. The oak tree is decorated [824] with pieces of many coloured stuffs, some fastened with nails and [778] some with wax. This oak is sacred and to fell, damage, or defile it is strictly forbidden.

On the same day, in the evening, but this time at home, the family [780] make a blood offering to *T'argyalàz*. A fattened capon is immolated and cakes are again baked. Some families keep pitchers with "sacrificial wine" in his honour.

"In ancient times when people were not so depraved, T'argialaz [789] procured for the day of offering a wild he-goat as his victim," Osman Kamkia informed me, "just as the Ilori 'icon' procured an ox. Now he no longer does so, for we are not worthy of his favours!" concluded the old man, sighing. The peasants Kamkia are *me-khat-ur-n-i* (Geo.), i.e. "attendants of the 'icon'." They keep a little cottage (*p'atskha*) [778] where the "god" is supposed to dwell invisibly. A money-box is kept in the cottage, into which the faithful drop copper coins used exclusively for the purchase of sacrificial offerings.

An old Megrelian, whose name has unfortunately become effaced in my note-book, told me the following:—

778 "The all-powerful and miraculous icon, Dsatchkhur, was removed 789 by the Svans from the Salkhino church, and taken to Svanet'i, where it remained for a long time; in the end, however, moved by pity for the Megrelians, the icon returned of its own accord and alighted on an oak which stands on the picturesque hill of Salkhino. Near this

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oak the Megrelians built a church in its honour, in which this icon rests to this day. It has not forgotten the Svans whom it often visits." My Megrelian informant is an inhabitant of Salkhino.

9. *Àhwsa-rəmshap'*

Abkhasians call the first Sunday after Easter Low Sunday, *Àhwsa-rəmshap'*, i.e. Pascha for women. This day is set apart for public games. Early in the morning everybody assembles in the public square where they indulge in all sorts of sport, chiefly, however, horse racing and tournaments. Next day the Abkhasians go back to work, and ordinary life is resumed.

The public games (on holidays) are continued till Whit Monday.

10. *Àdsyla-nəhwa*

In connection with *Àmshap'* mention may be made of two supplications, *Àdsyla-nəhwa* (cf. III (*d*)) and "*Supplication of the Leybaa*". I have not been lucky enough to have witnessed the latter ceremony, which, by the way, belongs to a cult of the Bzib Abkhasians.[1] The worship of the tree, so picturesquely described by ancient writers, such as Strabo, Procopius of Cæsarea, is preserved in a most conspicuous form with its sacred grove, in this supplication of the Leybaa *gvari*, as is also the name of the deity, in that of *Àdsyla-nəhwa*; *Àdsyla* denotes tree, *nəhwa* (*anəhwara*), praying, supplication. The deity of the tree itself is called *Àdsyla-intswakhwə*, wherein the latter part denotes "his (of the male rational being) part of god, deity". The Abkhasians in their religion personify and "intellectualize" all manifestations of life, and they strictly distinguish the gender of each of them.

In order to protect wanton children who roam about without restraint, and love to climb trees, the Abkhasians make offerings to the "spirit of the tree", entreating the "great part of the deity of the tree" to guard their children against falling off trees and hurting themselves. The objects offered are capon and cakes. The oak (*a-ɟ*) they consider as the sacred tree, to which they make the offering; walnut-trees (particularly the hazel-nut-tree) and yoke-elms are "pure" trees. If someone falls from the tree they must dig up some coal from under the spot where the person fell; if no coal is found, the accident is regarded as serious; and the person will not survive the fall. An offering is also made to the "spirit of the tree" in the case of certain illnesses, as directed by sorceresses, the sick person being supposed to have fallen ill through having incurred the wrath of the spirit.

[1] About this see the article by N. Pateyna, in the *Collaborator of the Transcaucasian Mission* (in Russian), 1912, pp. 107–112, 124–7.

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4. *Abna-intswakhwə* (god of the woods)

The woods also have their "part of deity", *Abna-intswakhwə*. *Abna* denotes wood, forest; *intswakhwə* we already know. When an Abkhaz enters a forest, or if he has to pass a night there, he prays to this deity for protection. I have, however, failed to collect more information about this god of the woods.

Abna-wowyə

In ancient times the forests of Abkhasia were inhabited by *Abna-wowyə*, "forest-people." *Abna* denotes forest, and *a-wowyə*, man. They were strong and courageous, but very ugly in appearance. Their bodies were covered with bristle-like hair. From their breasts projected a strange object, shaped like an axe and strong as steel, which served as a weapon; and by pressing an enemy to their breasts they could cut him into two. They preyed incessantly upon the people, who, however, in the long run, and with God's help, destroyed them. The last of them dwelt in an impassable forest, called Urak', near the village of Adzvibzha. In the same forest there lived also the courageous Khukhw Dchit'anàà, with his herd. Between Khukhw and this "forest-man" there was intense animosity. The ugly "forest-man" would come to Khukhw's hut every midnight, and inquire: "Dchit'anàà Khukhw,[1] art thou at home?" "Yes, I am. If thou art not an old woman come and fight me," responded the fearless Abkhaz. The "forest-man", however, would never agree to a single combat. Khukhw, tired at last of these childish pranks, resorted to a ruse. Placing a log in his bed, he went outside and hid behind a bush not far from the hut. At midnight the "forest-man" came as usual, and receiving no reply, he concluded that Khukhw was soundly asleep. Entering the hut and seeing, as he thought, the sleeping form of his enemy, he was about to aim a blow at the log, when the Abkhaz, who had crept in unawares, fired a shot at him. The "forest-man", although mortally wounded, managed to crawl away, and on the following morning Khukhw followed up the blood-stained footprints, and finding the dead body of his enemy, buried him with due honours. Khukhw appropriated the wealth of the last "forest-man", and also married his beautiful wife. . . .

5. *Atswaqwa*, the rainbow

The god of the rainbow is very vindictive; he soars high in the clouds and punishes, either by death or the infliction of disease, all

[1] A peculiarity of the Abkhasian: the surname precedes the Christian name.